

# SENIOR MENU

## ALLERGEN GUIDE

### HOW TO USE THIS GUIDE

THIS IS A SIMPLE-TO-USE GUIDE TO HIGHLIGHT THE KEY LISTED ALLERGENS. SIMPLY FIND YOUR PREFERRED DISH AND LOOK AT THE HIGHLIGHTED ALLERGENS. ANY BOXES WITH A CHECKMARK IN THEM MEAN THAT THAT DISH HAS THAT LISTED INGREDIENT.

WE CAN OF COURSE MAKE SOME ITEMS FREE FROM GLUTEN, FREE FROM MEATS AND FREE FROM ANIMAL PRODUCTS PLEASE LOOK AT OUR STANDARD MENU FOR FURTHER INFORMATION ON THIS. MENU ITEMS WILL BE MARKED WITH OUR OWN MENU KEY (AS SHOWN ON THE MENUS), PLEASE ASK YOUR SERVER FOR ANY FURTHER INFOMATION

EXAMPLE MENU...											
	GLUTEN	EGGS	MILK	CELERY	FISH	CRUSTACEANS	MOLLUSCS	LUPIN	MUSTARD	NUTS (TREE NUTS)	SULPHIUR DIOXIDE
EXAMPLE MENU ITEM...	✔		✔						✔		

# SENIORS

SENIORS		GLUTEN	EGGS	MILK	CELERY	FISH	STACEANS	MOLLUSCS	LUPIN	MUSTARD	REE NUTS)	HER NUTS	SEASAME	SOYA	R DIOXIDE	
STARTERS	SOUP OF THE DAY - PLEASE ASK YOUR SERVER															
	JACK DANIELS BITES	✓	✓	✓		✓								✓	✓	
	PRAWN COCKTAIL	✓	✓	✓									✓	✓	✓	
	MELON COCKTAIL															
SPECIALITY SALD BOWLS	BRIE WEDGES	✓	✓	✓												
	SPECIALITY SALAD BOWLS		✓	✓						✓					✓	
	ROAST CHICKEN		✓	✓						✓					✓	
	CHICKEN & HAM		✓	✓						✓					✓	
	HAM		✓	✓						✓					✓	
	CHEESE & FRUIT		✓	✓						✓					✓	
	PRAWN & MELON		✓	✓			✓			✓					✓	
	MAINS	HADDOCK BREADED	✓	✓	✓		✓				✓					
		HADDOCK BATTERED	✓	✓			✓				✓					
CHICKEN FILLETS BREADED		✓	✓	✓						✓					✓	
CHICKEN FILLETS BATTERED		✓	✓							✓					✓	
BEEF STEAK PIE		✓			✓					✓				✓	✓	
MACARONI		✓		✓	✓					✓				✓		

[illegible]